

*~I have no ego with my system, I just take the signals.. I have no expectations as I know the **losses will be 60%** but when the market decides to trend then I know all losses will be recovered as **WINNERS ARE BIGGER** than **LOSERS**~*

*~Do NOT compare your results with other people, how they trade has nothing to do with how you trade or your system, comparing results will just cause you to lose faith in your **PERFECTLY TESTED SYSTEM.**~*

*~The **problem** is not this trade it's about the 1000 Trades to come, the **problem** is if you take profit early and it works out to your advantage, you're fucked for following rules in the future and your Model will not be **REWARDED** as it should be based on your well BACK-TESTED results for over 7 years~*

*~Most intelligent way to begin managing money when trading is to confess you don't have a clue where the markets are going - **Hugh Johnson**~*

*~Holy Grail of trading is finding a strategy where you manage **INEVITABLE LOSSES** whilst **MAXIMIZING PROFITS**- **Big Money little Effort Mark Shipman**~*

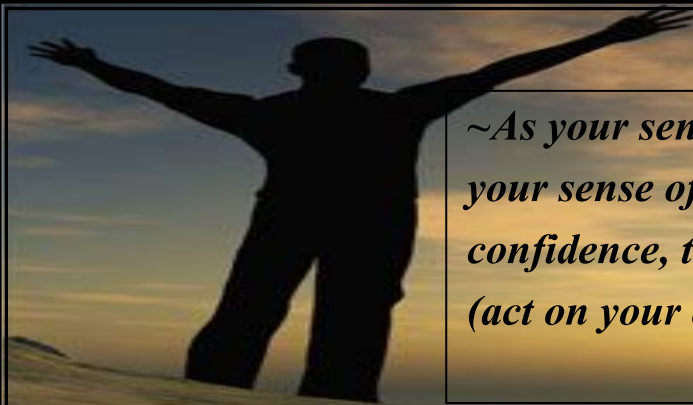


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*~Going against any system rules means that you are not trading the system. Long-term investment system has **PERFORMED VERY WELL** over the years without your help or interference and it doesn't need any of that input now. ~*

*~The first stage is the **mechanical stage**. In this stage, you:*

- 1. Build the self-trust necessary to operate in an unlimited environment.*
- 2. Learn to flawlessly execute a trading system.*
- 3. Train your mind to think in probabilities*
- 4. Create a strong, unshakeable belief in your consistency as a trader.~*



*~As your sense of **SELF-TRUST INCREASES**, so will your sense of **SELF-CONFIDENCE**. The greater your confidence, the easier it will be to execute your trades (act on your edges without reservation or hesitation)~*

*Stop counting **PROFIT** before you close trades, open profit is not = profit-*

STOP

IGOR MARINKOVIC

*~ In trading we feel that we know what's going to happen next and when it does not we experience major pain All trading pain can be removed by really ,really believing that in one trade **ANYTHING CAN HAPPEN**.~*



- 1) you don't need to know what's going to happen next to make money;*
- (2) anything can happen;*
- 3) every moment is unique, meaning every edge and outcome is truly a unique experience. The trade either works or it doesn't.*

~I had to choose one word that encapsulates the nature of trading, it would be "paradox."

~To eliminate the **EMOTIONAL RISK** of trading, you have to **NEUTRALIZE** your expectations about what the Market will or will not do at any given moment or in any given situation. You can do this by being willing to think from the markets perspective. Remember, the market is always communicating in probabilities. -mark douglas~

~When we feel as traders that we can predict the future on a trade by trade basis



then emotional pain will be the result. – DR DAVID PAUL~

~Our job is to take each trade without fear or hesitation –**DR**

DAVID PAUL~



~Everyday Rehearse the Equity curve before you start to trade,
Model **REWARDS** me **FOR FOLLOWING** the rules,
Model **PUNISHES** me **FOR NOT FOLLOWING** the rules,

If we don't develop our P/L chart into our long-term memory then our day to day trading becomes more **PANIC AND FEAR AND SELF-DOUBT** in your long worked on System.~

Patience, persistence and perspiration make an unbeatable combination for success. – Napoleon Hill

~Market Wizards never spoke about Indicators and techniques but rather about such things as **DISCIPLINE, EMOTIONAL CONTROL, PATIENCE AND MENTAL ATTITUDE** toward losing. **THE KEY TO WINNING IN THE MARKETS IS INTERNAL NOT EXTERNAL.**~

~PERFORMANCE = FOLLOWING RULES OF ENGAGEMENT will lead to PROFIT – THE TRADING AUTHORITY~

RULES

Do What's Right!

~More losers than winners but statistics will bring the system into Profit ☺

Do What is RIGHT not what is comfortable~

~Never trade on Hope , no point hoping that the thoroughly sure-fire system works when back-tested and well looked at knowing that it works in the Long-term to long term~

got hope?

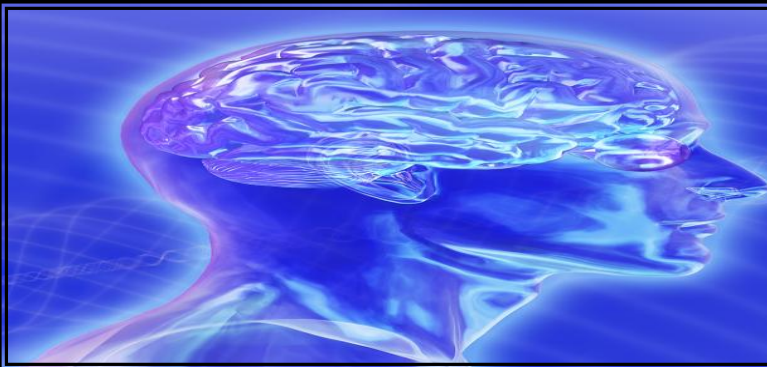
which hope we have as an anchor of the soul, both sure and steadfast, ...
Hebrews 6:19

sure HOPE Christian Assembly
www.surehope.org

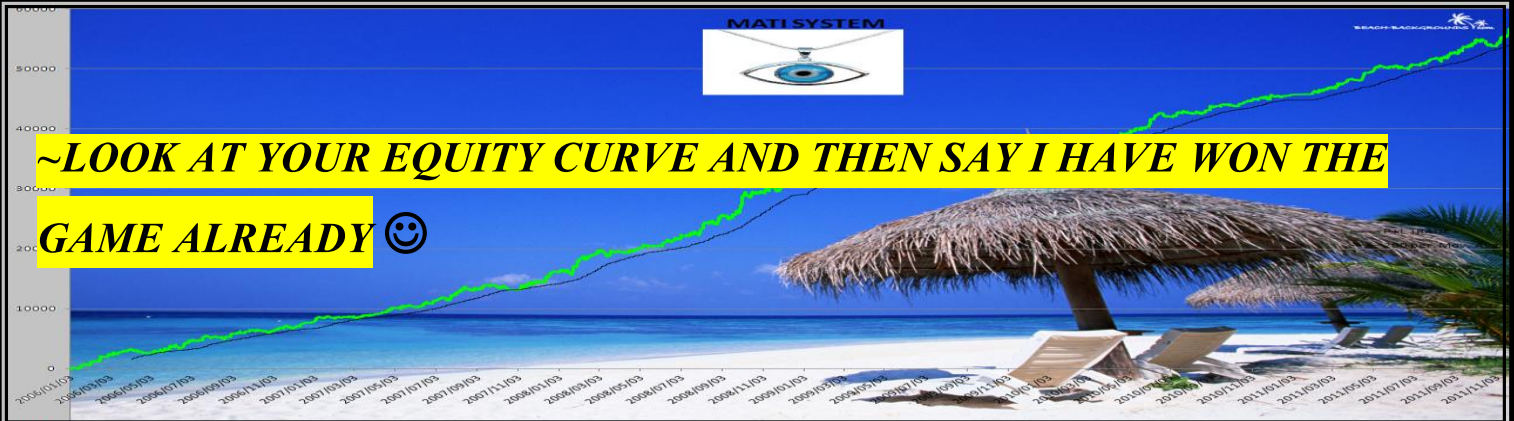
~Think of probabilities and statistics of random distribution with systematized mechanical trading systems, if you hope that the system is going to do well today then you shouldn't be trading because there are a million other people in the world that are trading in the opposite direction hoping the same thing. ~

~My model has a POSITIVE EXPECTANCY

*SO I don't care if I take a loss in a day, week,
and month! I WILL WIN IN THE END! ~*



~We are biologically hardwired to react instantly to things we see and execute a practiced, well defined skill. Over time these reactions occur unconsciously and effortlessly.-



*~Confidence comes from Repetition,
Repetition comes from practicing,
Practising leads to confidence which changes something in our mind which
will allow us to lead our model to lead to profitability,~*



ALSI is a battle field and you will get injured but you will come out stronger than before just by staying in battle.~



WARFARE TACTICS

*38~A doctor goes to Medical school for 4 years before practicing,
a lawyer goes to law school for 3 years before beginning the practice of law;
why does a sufficient amount of money with which to trade qualify an*

unschooled individual to be a trader? W.D. GANN~



WHY DID TURTLE TRADERS MAKE A SUCCESS FROM TRADING

1. THEY WERE GIVEN RULES TO FOLLOW
2. THEY DEVELOPED BELIEF FOR THE SYSTEM (REPETITION, CONSISTENCY, LIVE WATCHING)
3. THEY LET THE SYSTEM BRING THEM PROFIT



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~**“LOSING IS PART OF THE GAME**, Exceptional traders are confident they will win over the **LONG-RUN**

~Traders that are scared of losing will either make huge losses in the future carrying them or Miss out major profitable runs which will inhibit the chance of success. Even the best baseball player of all time Babe Ruth hit the ball 4 out of 10 which is 40% of the time and in the long-run he became a legend, same with Michael Jordon missing thousands of hoops, Tiger Woods missing 1000's of holes, Singers and Actors not making 100's of auditions, Applicants failing 100's of interviews and not getting the job, which concludes in many Industries you have to fall, **FAIL AND LOSE** in order to **ACHIEVE AND WIN AND SUCCEED** in order to reach your goals and DREAMS.

~Don't get caught up in mass hysteria and have external forces influence and confuse your judgement on your system what's bullish on a 5 min chart is bearish on a 15min chart which could be bullish on an hour chart and bearish on a daily chart. This is the reasoning behind the zig and zags of a market where it is impossible to predict market moves 100% of the time, Stick to what you see and know and what you have back tested in the past and only focus on that,~

~UNDERSTAND EVERYTHING YOU DO, YOU ARE RESPONSIBLE!~



RESPONSIBILITY

No single drop of water thinks it is responsible for the flood.

~ Author Unknown

“TRADERS ARE MADE NOT BORN AND EMOTIONAL INTELLIGENCE IS A LEARNABLE SKILL”

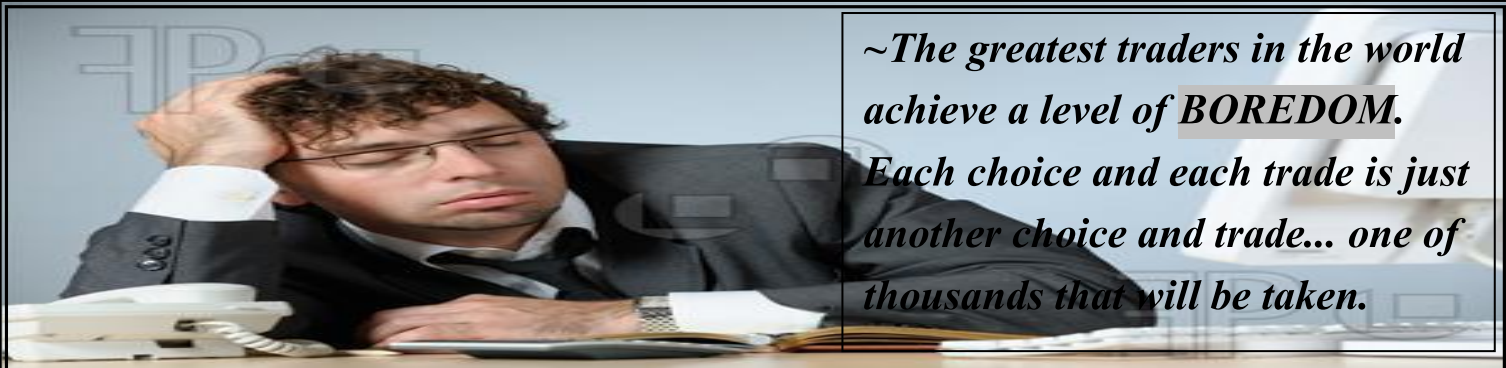
IQ

EQ

~You are composed, you don't give into your emotions, you think logically and you are born for this. ~

~This unconscious competence has roots born from the repetitive back testing of our systems hundreds of times, and needs continual attention and coaching.~

~Our P/L can be the biggest distraction of all. Watching your money come in and leave our trading account is the equivalent of weighing ourselves every 20 minutes when dieting. Decide now to focus on your trading plan, and not your trading balance.~



*~The greatest traders in the world achieve a level of **BOREDOM**. Each choice and each trade is just another choice and trade... one of thousands that will be taken.*



*~When you trade **CORRECTLY** it is Boring, serene and repetitive and is smooth sailing just following your **RULES OF ENGAGEMENT** similar to a Leopard waiting all day for the opportune moment to pounce on its prey and bring home Food for the Family. It's boring but at the end of the day but you will get rewarded for keeping calm, collected and patient.*



*~**PLEASURE** = Following your ROE whether it's Profit or LOSS*

***PAIN** = NOT FOLLOWING YOUR ROE whether it's profit or LOSS.~*

~PISS AGAINST THE WIND, AND YOU WILL PISS ALL OVER YOURSELF~

~RULES PROTECT YOU FROM YOURSELF, and from your judgement which is wrong 80% of the time~

~GOOD TRADING SHOULD BE EFFORTLESS~

~FAIL TO OBEY THE RULES OF YOUR SYSTEM AND YOU FAIL THE SYSTEM AND YOURSELF~

~Systems work, People don't ~

~Fear of missing out is the biggest fear that we get in this game~

~If you believe the market trends more than it is range bounded you can trade the system~

~Failure to follow the rules means you are interfering with a tried-and-tested approach, which is not only illogical but also extremely dangerous to your wealth ~

18.~If you do not expect the market to make you right, you have no reason to be afraid of being Wrong and If you don't expect the market to make you a winner, you have no reason to be afraid of losing. ~If you don't expect the market to keep going in your direction indefinitely, there is no reason to leave money on the table. ~Finally, if you don't expect to be able to take advantage of every opportunity just because you perceived it and it presented itself, you have no reason to be afraid of missing out. On the other hand, if you believe that all you need to know is:

- 1. The odds are in your favour before you put on a trade;*
- 2. How much it's going to cost to find out if the trade is going to work;*
- 3. You don't need to know what's going to happen next to make money on that trade; and*

TRUST YOUR TRADING SYSTEM

*Once you have seen your trading system perform over hundreds of trades, over years, in markets with vastly different characteristics, you begin to trust your trading system. Because if you have seen the trading system make money over hundreds of trades, in volatile markets and in quiet markets, and in everything in between, **YOU KNOW THAT THE PROBABILITIES ARE IN YOUR FAVOUR.***

*That is really what trading is all about - probabilities. Once **you GAIN CONFIDENCE**, you begin to see trading for what it really is - a game of probabilities. Each trade is not that important, but the overall sequence of trades is very important. Whether the current trade is a winner or not does not matter too much. But the fact that your trading system has been back tested, and has a positive expectancy, is very important.*

This means that you will be able to trade your trading system daily in much the same way a casino operates. The casino has no interest in whether a particular bet makes money or loses money for the casino. The casino only cares that, overall, in the long run, the casino will make money. You as a trader will learn confidence will learn to trade detached from the outcome of the current trade. You can be more confident in your trading when you know, you really know that over time you will make money.

You have become the casino. Now go out and enjoy it

Not about predicting a trend its about exploiting a trend

It's not about the 1 trade its about the MANY TRADES!!!

JUSTIN PHILOSOPHY

"I am a successful trader because I am a disciplined trader"

1) CONSISTENCY IS THE HOLY GRAIL. ALL NON SYSTEM TRADING IS GAMBLING AND NEGATES THE EDGE YOU HAVE DESIGNED, TESTED AND TRUST.

2) I PREDEFINE THE RISK OF EVERY TRADE

3) I COMPLETELY ACCEPT THE RISK OR AM WILLING TO LET GO OF THE TRADE

4) YOUR PRIMARY FOCUS IS RISK MANAGEMENT, NOT PROFIT GENERATION. IF YOU MANAGE RISK CORRECTLY, PROFIT WILL GENERATE ITSELF.



5)

~Save the creativity for creating the strategy, not for the execution of the strategy~

~As you develop as a trader, your rules should become automatic and routine, especially during the trading day.~

~This is a mind of frame game

Psychological Trap- failing to act upon a system signal is a cardinal sin and just leads to procrastination,

Psychological trap 2 = Second guessing the exit signal and getting out too soon

Psychological trap 3 = premature buy signal trying to obtain a better level.

Psychological trap 4 = Listening to others, bloomberg, media, news and using other exogenous factors such as Psychological levels, support and resistances and Indicators to enter, exit, avoid trading the system signal.

TRADE SYSTEM AS YOU ARE SUPPOSE TO!!!!!!!!!!

~You need discipline to apply your method without second guessing moving your stops, taking profits early, missing trades because you are happy about the performance of the day or distraught about the performance of the day and choosing which trades to take and which days to trade.

Every successful mechanical trader does not make a single excuse to not trade his signal whether the exchange is down, whether it's his birthday and doesn't want to take a loss, whether he is in the car (TAKE YOUR LAPTOP WITH YOU).

Whether you are sick or broke your foot and in hospital. One of the most inspirational Traders who has great knowledge has not missed 1 signal since 2004 he back tested his system over 20 years and one year had 4-6 consecutive loser months and yet trusted his system and kept going at it and today smiling well because his model in the long run told him it will work out. ~

